#### **CANS**

- Meat
- ✓ Fish
- Pies
- Beans
- ✓ Fruit
- Dessert
- ✓ Soup
- Vegetables

### **JARS**

- ☑ Pasta Sauce

# **GROCERIES**

- ✓ Pasta
- ☑ Biscuits
- ✓ Noodles
- ☑ Rice
- **☑** UHT Milk

#### **TREATS**

- Biscuits

#### **BEVERAGES**

- Sugar
- Juice

## **TOILETRIES**

- Deodorant
- ☑ Shampoo
- Shower Gel
- Razors
- Shaving Foam